23RD ANNUAL MARATHON SPORTS FRESHMAN SOPHOMORE RT.228 TRACK & FIELD INVITATIONAL

Saturday, April 8, 2017

Notre Dame Academy 1073 Main St Hingham, MA 02043

Sanctioned by MIAA

Meet Director: Rick Kates rkates@ndahingham.com

Athlete Limitations

2 Running, 1 Field or 2 Field , 1 Running Events

Awards: Top 6

Entry Fees: \$12 per event/\$20 per relay or \$225 maximum per single sex team i.e

1 Boys/1 Girls team=\$450 make Checks payable to: Notre Dame Academy

All entries/fees must be received by Tuesday , April 4, 2017

Entries will be done on www.directathletics.com

Mail to: Notre Dame Academy attn.: Athletics Dept 1073 Main St Hingham, MA 02043

All entry fees must be received or teams will not be allowed to compete.

NDA will not accept purchase orders. NDA Tax ID 04-2143551

Saturday, April 8 Order of Events

Field Events 9:30am start

BOYS LONG JUMP, THEN GIRLS TO FOLLOW-7 TO FINALS -2 MAX PER SCHOOL GIRLS TRIPLE JUMP, THEN BOYS TO FOLLOW-7 TO FINALS- 2 MAX PER SCHOOL BOYS DISCUS, THEN GIRLS TO FOLLOW-7 TO FINALS GIRLS " ERIN DARLING MEMORIAL" SHOT PUT, BOYS TO FOLLOW- 7 TO FINALS BOYS HIGH JUMP [5'3"]THEN GIRLS TO FOLLOW[4'5"] GIRLS JAVELIN, THEN BOYS TO FOLLOW-7 TO FINALS POLE VAULT --GIRLS & BOYS TOGETHER OPENING HEIGHT 6'00"

Running Events 10 am Start

400 M Hurdles, Girls- Boys

"Colleen Clancy Memorial" 1 mile G-B

100 Meter Trials G-B

100 M Hurdles Trials/110 m Hurdles Trial G-B

800 meters G-B

400 Meters G-B

200 Meters G-B Finals

110 M Hurdles-Finals

100 M Hurdles-Finals

100 M Finals G-B

"Laura Guidoboni Memorial" 2 mile G-B

4 x 100 M Relay G-B

4 x 400 M Relay G-